# Contents

1 Introduction 3  
   *Introduction* 3  
   *Structure of the Book* 4  

2 Measurement 5  
   *Why Measurements Are Useful* 5  
   *Anthropometry* 7  
   *Useful Parameters and Landmarks* 10  
   *Measurements in Dysmorphology and Clinical Genetics* 11  

3 Proportional Growth and Normal Variants 13  
   *Body Proportions* 13  

4 Height and Length 15  
   *Introduction* 15  
   *Total Body Length* 15  
   *Standing Height* 22  
   *Crown-Rump Length* 32  
   *Sitting Height* 33  
   *Mid-Parental Height (Used to Access Child's Growth Pattern)* 37  
   *Prediction of Height* 40  
   *Height Velocity* 43  
   *Expected Increments* 47  
   *Bibliography* 48  

5 Weight 50  
   *Weight* 50  
   *Body Mass Index* 60  
   *Weight Velocity* 64  
   *Skinfold Thickness* 67  
   *Bibliography* 70  

6 Head Circumference (Occipitofrontal Circumference, OFC) 72  
   *Introduction* 72  
   *Head Circumference (OFC)* 72  
   *Head Circumference (OFC) Velocity* 82  
   *Bibliography* 83  

7 Craniofacies 84  
   *Introduction* 84  
   *Skull* 89
Contents

Fontanelles 109
Scalp and Facial Hair Patterning 118
Eyes 118
Ears 137
Nose 153
Philtrum 162
Mouth 166
Palate 169
Palate Width 174
Tongue 175
Teeth 177
Maxilla 179
Mandible 183
The Neck 188
Bibliography 191

8 Limbs 193
Introduction 193
Span 195
Total Upper Limb (Hand and Arm) Length 197
Upper Arm Length 199
Forearm Length 202
Carrying Angle 206
Hand Length 207
Middle Finger Length 211
Palm Length 214
Palm Width 217
Thumb Position, Placement, and Range of Movement 221
Total Lower Limb Length 223
Upper Leg (Thigh) Length 228
Lower Leg (Calf) Length 230
Foot Length 234
Foot Width 238
Upper-to-Lower Segment Ratio 240
Limb Circumference 244
Range of Movement 247
Hyperextensibility 254
Bibliography 255

9 Chest and Trunk 257
Introduction 257
Chest Circumference 260
Internipple Distance 263
Thoracic Index 265
Sternal Length 268
Torso Length 270
Contents

14 Developmental Data 357
   Introduction 357
   Intelligence 361
   Developmental Screening 363
   Bibliography 367

15 Prenatal Ultrasound Measurements 368
   Introduction 368
   Choice of Measurement in Relation to Gestational Age 368
   Prenatal Measurements 384
   Normal Fetal Activity During Gestation 384
   Bibliography 385

16 Postmortem Organ Weights 386
   Embryo and Fetal Pathology 386
   Bibliography 398

17 Measurements for Specific Syndromes 399
   Introduction 399
   Acondroplasia 401
   Cornelia de Lange Syndrome 407
   Cri du Chat Syndrome 417
   Down Syndrome 424
   Marfan Syndrome 438
   Neurofibromatosis 446
   Noonan Syndrome 450
   Prader-Willi Syndrome 452
   Pseudoachondroplasia 458
   Rubinstein-Taybi Syndrome 459
   Russell-Silver Syndrome 462
   Spondyloepiphyseal Dysplasia Congenita 464
   Trisomy 13 465
   Trisomy 18 466
   Turner Syndrome 468
   Williams Syndrome 469
   Bibliography 471

18 An Approach to the Child with Dysmorphic Features 474
   Glossary 477
   Index 491